



ASHDALE CATERING LTD
The School Lunch People

Ashdale Catering Ltd,
Unit 1A, Blarney Business Park. T23 E060
t 021 4382700 e sales@ashdalecatering.ie

HOT MEALS MENU

Students Name

School

Class

Monday

Please choose **1 option** below

- Chicken Curry with Rice
- Turkey, Mash and Veg
- Pasta Bolognese
- Meatballs Mash and Veg
- Tomato and Vegetable Pasta
- Chickpea Rice
- Dahl Curry with Rice
- Vegetable Curry with Rice

Tuesday

Please choose **1 option** below

- Chicken Korma with Rice
- Sweet and Sour Chicken and Rice
- Sausages, Mash and Veg
- Tomato Pasta with Meatballs
- Chicken, Mash and Veg
- Potato & Bean Curry with Rice
- Lentil Soup with Brown Bread/Roll
- Vegetable Rice

Wednesday

Please choose **1 option** below

- Chicken Curry with Rice
- Chicken & Vegetable Noodles
- Healthy Spice Bag with chicken
- Breaded Chicken, Mash and Veg
- Meatballs, Mash and Veg
- Dahl Curry and Rice
- Vegetable Noodles
- Pesto Pasta

Thursday

Please choose **1 option** below

- Chicken Korma with Rice
- Pasta Bolognese
- Turkey, Mash and Veg
- Chicken Pesto
- Chicken and Vegetable Rice
- Chickpea Rice
- Tomato and Chickpea Pasta
- Potato & Bean Curry with Rice
- Lentil Soup with Brown Bread/Roll

Friday

Please choose **1 option** below

- Chicken Goujons with Vegetables
- Breaded Chicken Wrap with Mayo/Ketchup/Plain
- Fish Goujons, Mash and Veg
- Chicken Korma with Rice
- Pesto Pasta
- Vegetable Rice
- Cauliflower Hash Brown with Rice
- Sausages Mash and Veg
- Healthy Spice Bag with chicken